

# Zips

Zero to age 21: Information  
Promoting Success for Nurses  
working with Kansas Kids

MAY 2004

Welcome to ZIPS: Zero to Age 21: Information Promoting Success for Nurses working with Kansas Kids. We hope this newsletter continues to be a useful resource for you, and encourage you to give us your comments, feedback, and suggestions. Also, note that previous months' issues of the ZIPS can be found at: <http://www.kdhe.state.ks.us/c-f/zips/>



## Several nurses have called asking about **Scoliosis Screening Recommendations.**

Scoliosis screening is not a mandated screening. According to Dr. Marc Asher, two different goals are being served with girl and boy screening. For girls the goal is to detect the scoliosis when it can still be managed with bracing, and surgery avoided. For boys the goal is to detect the scoliosis before it becomes too large for optimal surgical treatment.

There is recent literature to suggest that bracing does not prevent curve progression in boys. There is no evidence that school screening for scoliosis has decreased the frequency of surgery for scoliosis. School

screenings elicit a large number of false positive findings. This leads to an over referral rate which negates any cost effectiveness of screening. Only 2.7 /1,000 (0.27 percent) of children will require treatment, brace or surgery (Montgomery & Willner, Spine, 1997). Scoliosis screening in schools is not easy and has not been shown to be cost or benefit effective.

Scoliosis screenings in schools were initiated prior to the "pre-participation physical." School nurses should focus energy on getting the students to have complete health assessments per the periodicity schedule as recommended by AAP. Adolescents will best be served by the thorough physical assessment in which scoliosis is more likely to be managed according to current evidence based standards.



The third annual **National Day to Prevent Teen Pregnancy** will be held on May 5. On the National

Day, teens nationwide are asked to take a short, online quiz at <http://www.teenpregnancy.org> that asks

them to reflect on the best course of action in a number of sexual situations. NOTE: While May 5 is the official National Day, the quiz for teens will be live on [teenpregnancy.org](http://www.teenpregnancy.org) from May 1-31 to allow for ample time to log on and participate.

Last year, almost 300,000 people took the National Day quiz. Many state and local communities will be holding events and promotions to make teens in their community aware of the quiz. Many media outlets too will be promoting the event. For details, go to <http://www.teenpregnancy.org/national/default.asp>.

The National Campaign is pleased to offer interested groups and individuals many free products to use to promote the National Day. Details are available at <http://www.teenpregnancy.org/national/default.asp>. In addition, we still have available a limited supply of print materials available for order at <https://www.teenpregnancy.org/store/Category.asp?categoryId=31>.

Mark you calendar and log on to [teenpregnancy.org](http://www.teenpregnancy.org) on May 5, 2004.



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**Cover the Uninsured Week:** Don't miss Cover the Uninsured Week coming up during the week of May 10 – 16. Cover the Uninsured Week is a nationwide project of the Robert Wood Johnson Foundation with support for the Kansas campaign from the United Methodist Health Fund in Hutchinson. This year's Kansas Field Organizer is Tami Bradley from Wichita who helps broadcast key campaign messages across the state. There are many ways to become involved in your area and at the state and national levels. The chief way is to become an advocate for the underserved populations which you already have some knowledge by giving a face to the overall concern. Also, by speaking out and trying to get other people involved within your social circles and communities. Cover the Uninsured Week in Kansas will consist of a statewide coalition with an initial focus on Topeka, Wichita, and beyond. Workgroups by event will be formed. Additionally, for those who wish to remain involved, consumer advocacy group information can be obtained through the Kansas Association for the Medically Underserved. The kick-off press conference will be on the steps of the Statehouse at 10:00 a.m. on May 10 with a mid-week press conference planned for May 12 (no time given). There will be various health and enrollment fairs as well as health coverage seminars for small business planned. To get further details for these events go to: <http://www.covertheuninsured.org/materials/> Or, contact Jan Peters at Projects for Design, 10209 Lowell, Overland Park, KS 66212, 913-219-7175, e-mail: [jan@projectsbydesign.biz](mailto:jan@projectsbydesign.biz)

**May is Better**



**Hearing and Speech Month:** This year's theme for Better Hearing and Speech Month is "Communication for Life." Did you know that hearing loss is the most common congenital disorder in newborns? This information is from the

American Speech-Language-Hearing Association which is the major promoter of Better Hearing and Speech Month. Let's all begin to communicate for life by promoting Better Hearing and Speech Month. For more information, a screensaver and a children's banner for coloring go to: <http://www.asha.org/public/BSHMDownload2003.htm>



## Safe Sleep Symposium:

The battle with SIDS continues in our state with many needless infant deaths occurring. One effort to combat the insidious effects of SIDS is the Safe Sleep Symposium on May 4, 2004 from 8:30 a.m. until noon to be held at the Research College of Nursing Gymnasium, 2316 East Meyer Blvd., Kansas City, MO 64132. If you are not able to attend, here are some awesome websites to access on this important issue: <http://www.firstcandle.org> and click on "Latest Research"; <http://www.sidsnetworkofkansas.org> or call toll free: 1-866-399-SIDS (7437) 24 hours a day; for general information go to: <http://www.sidsfamilies.com> and the National SIDS & Infant Death Program Support Center in Baltimore, Maryland: <http://www.sids-ip-psc.org> or call 1-800-638-7437.

## Some Information on SIDS Reduction:

- ✂ Place baby on his/her back on a firm mattress that fits tightly in a safety approved crib
- ✂ Remove pillows, quilts, comforters, stuffed toys, and other soft products from the crib
- ✂ Make sure the baby's head remains uncovered during sleep
- ✂ Do not place baby on waterbed, sofa, soft mattress, pillow, beanbag or other soft surface
- ✂ Dress baby in the same manner you would dress to be comfortable. It is not necessary to over dress baby or provide additional heat to the baby's room.
- ✂ Do not allow anyone to smoke around the baby.
- ✂ Get good health care.
- ✂ Breastfeed your baby, if possible.
- ✂ Take your baby for scheduled well-baby check-ups.

## SIDS Facts:

- ✂ SIDS is the major cause of death of

infants aged one-month to one year.

- ✂ Nationally, approximately 3,000 babies die of SIDS each year.
- ✂ SIDS is the third leading cause of infant death in the United States, following birth defects and low birth weight (National Center for Health Statistics).
- ✂ The national SIDS rate for 1998 was 0.72 deaths per 1,000 live births.
- ✂ Since the introduction of the Back To Sleep Campaign in 1994, the SIDS rate has dropped by approximately 45 percent in the United States.

## SIDS Bereavement Measures:

- ✂ Say you are sorry about what happened to their baby and about their pain.
- ✂ Allow them to express as much emotion as they are feeling at the moment and are willing to share. Accept silence: the family may not feel like talking.
- ✂ Allow them to talk about their baby.
- ✂ Encourage them to get outside help either from a health professional or another bereaved parent.
- ✂ Be patient with them. Coping with the death of their baby may take a long time. Stay in touch.



**IBLCE**

## Breastfeeding

**Corner:**

Should you wake up a newborn to breastfeed? The short answer is yes. Since new babies need to eat at least every two to four hours because their stomachs are very small. Full term infants should be wakened and given the attempt to feed at least every four hours during the first two weeks. This should be done even during those first few days when the baby tends to be very sleepy. Babies who sleep more than four hours have a higher risk for dehydration, jaundice, low blood sugars, cluster feedings (wanting to feed for longer periods of time) and breastfeeding difficulties. Whereas, preterm babies who have a low birth weight or are struggling with weight gain, their physician should be the one directing the frequency, duration and quantity of the feedings. The physician's guidelines in this area are essential to obtain due to the baby's frequently fragile condition.



## The Child Health and Illness Profile, Child Edition (CHIP-CE)

is a validated self-report questionnaire designed to assess health status and

quality of life among children ages 6-11. CHIP-CE was developed with input from children and families, clinicians, researchers, teachers, and administrators. Children can use the questionnaire to report symptoms and signs of illness and well-being, health-related behaviors, problem behaviors, school performance, and involvement of family and peers. Parents can use the parent report form to describe their child's health status from their perspective. If you would like more information about CHIP-CE visit: <http://www.chip.jhu.edu/Child%20Edition>

## Have you heard the great news?

Use the link below to read about this great new **Pediatric Environmental Health Specialty Unit at KUMC**. Dr. William (Bill) Barkman, Director of Environmental Health at KUMC, is the co-principal investigator with Dr. Jennifer Lowry. Congratulations to them! [http://www.kumc.edu/news/publish/article\\_424.shtml](http://www.kumc.edu/news/publish/article_424.shtml)



## The National Nutrient Data Base

from the FDA can be searched either by ingredient or by product name. You can compare cereals etc. for sugars and all other ingredients. To view this information visit: [http://www.nal.usda.gov/fnic/cgi-bin/nut\\_search.pl](http://www.nal.usda.gov/fnic/cgi-bin/nut_search.pl)

## Index Shows Declines in Child Health Because of Obesity:

A 2004 Index of Child Well-Being prepared by Duke University researchers shows improvement in many indicators of child and adolescent well-being since the base year of 1975, but the good news does not extend to health. [http://www.healthinschools.org/2004/mar25\\_alert.asp](http://www.healthinschools.org/2004/mar25_alert.asp)



## The American Cancer Society

is committed to supporting your efforts to inform your community about making healthy lifestyle choices that will reduce the risk for cancer. It's never too soon to learn about and practice healthy habits such as physical activity, good nutrition, and tobacco avoidance. Our Healthy Me read-along coloring and activity book series (for children ages 5 – 8) provides a good and fun start with Healthy Bodies, Healthy Food, and Healthy Air. To view this activity book series or for more information visit the American Cancer Society website at: [http://www.cancer.org/docroot/pub/pub\\_0.asp](http://www.cancer.org/docroot/pub/pub_0.asp).

**Directions for Dads** is an interactive computer program designed to help men become better fathers. Produced by the National Fatherhood Initiative (NFI), the CD-ROM is a videogame-style approach to teaching men fathering, relationships, and character development skills, and including information about preventing teen pregnancy. NFI is distributing 25,000 free copies to fathers, organizations, and business. Free copies will be available to the public for a limited time based on availability. For more details or to order a copy, go to <http://www.fatherhood.org>.



## AAP Sponsors Health/Art Competition for Children:

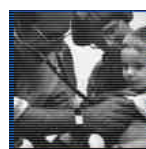
To celebrate its coming 75th anniversary, the American Academy of Pediatrics is inviting children in grades 1-5 to submit original art that shows health subjects. [http://www.healthinschools.org/2004/apr02\\_alert.asp](http://www.healthinschools.org/2004/apr02_alert.asp).

## Update: IAC Revises Two Resources on Childhood and Teen Vaccinations.

IAC recently modified information on two of its resources on childhood and teen vaccination. On the "Summary of Rules for Childhood and Adolescent Immunization," we have made several changes, including revisions to the sections on hepatitis A, hepatitis B, and influenza vaccination. To access a ready-



to-copy (PDF) version, go to: <http://www.immunize.org/catg.d/rules1.pdf>. To access a Web-text (HTML) version, go to: <http://www.immunize.org/nsld.d/n17/rules1.htm>. We have reformatted and updated "When Do Children and Teens Need Vaccinations?" To access a ready-to-copy (PDF) version, go to: <http://www.immunize.org/catg.d/when1.pdf>. To access a Web-text (HTML) version, go to: <http://www.immunize.org/nsld.d/n17/when1.htm>



## Quality of Health Care for Children and Adolescents:

**A Chartbook** is the first comprehensive national report on the quality of

pediatric care. The researchers, Sheila Leatherman and Douglas McCarthy, reviewed more than 500 studies and synthesized this information into 40 charts that provide a portrait of the current state of pediatric health care. Download the chartbook at: [http://www.cmwf.org/programs/child/leatherman\\_pedchartbook\\_700.pdf](http://www.cmwf.org/programs/child/leatherman_pedchartbook_700.pdf).



## 2004 Kansas KIDS COUNT.

This is the 12th year that Kansas Action for Children has produced KIDS COUNT, a publication that provides state and county data on 22 indicators of the well-being of children and families. Along with the state summary, we also produce fact sheets on all 105 Kansas counties. This year's Kansas KIDS COUNT Fact Sheets are not being produced in a printed form. All of this information is available on our website in printer-friendly PDF files: <http://www.kac.org/kidscount.html>

**SafetyLit** staff and volunteers regularly examine more than 300 journals and scores of reports from government agencies and organizations. The weekly update is posted before 6 a. m. GMT every Monday morning. Each week SafetyLit online abstracts are read by 29,000 people from 168 nations. For more information, visit <http://www.safetylit.org/>

## SafetyLit





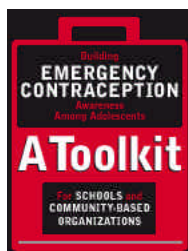
## STD 101 In-A-Box:

Ready-To-Use Presentations is available on the CDC's

Division of Sexually Transmitted Diseases' Website. This product includes nine ready-to-use STD presentations, a user's guide with suggested agendas, discussion questions, and a script for an interactive group exercise. To access, go to <http://www2a.cdc.gov/std101> and register for a password. Shortly after registration, you will receive your password via email.

## A Toolkit to Explain Emergency Contraception to Teens:

Although legal and available in the U.S., many teachers, counselors, and health professionals who work with teenagers have either never heard of Emergency Contraception (EC) or are misled by the "morning-after pill" label. The Academy for Educational Development designed Building Emergency Contraception Awareness Among Adolescents: A Toolkit for Schools and Community-Based Organizations to help adults and teens understand emergency contraception better. To download the toolkit, go to: <http://scs.aed.org/ECToolkit3283.pdf>.



## Drug Education

**Program for Teens.** The National Institute on Drug Abuse (NIDA) launched a major new drug education program geared specifically for adolescents aged 11-15. The program includes an interactive website, NIDA for Teens: The Science Behind Drug Abuse. The website contains age-appropriate facts on drugs, real stories about adolescents and drug abuse, games, take-home activities, and a question-and-answer forum. To access the website go to: <http://www.teens.drugabuse.gov>.

## Toolkit for At-Risk Youth.



YouthArts is a Website designed to give arts agencies, juvenile justice agencies, social service organizations, and other community-based organizations detailed information about how to plan, run, provide training, and evaluate arts programs for at-risk youth. For more information on YouthARTS and its programs visit <http://www.artsusa.org/youtharts/index.asp>.



**Teen Voices** is a magazine written by and for teen

women. Teen Voices analyzes pressing social issues, with attention to women's perspectives and guidance for surviving adolescence. Teen Voices can be addressed at: <http://www.TeenVoices.com>.

## The Office of Juvenile Justice and Delinquency Prevention (OJJDP) announces the availability of "OJJDP News @ a Glance,"

January/February 2004. The bimonthly newsletter provides readers with news about OJJDP activities, publications, funding opportunities, and events. This issue's lead article describes OJJDP's truancy reduction efforts. A related feature summarizes presentations from a recent meeting of the Coordinating Council on Juvenile Justice and Delinquency Prevention that focused on truancy reduction. The issue also includes highlights from OJJDP's videoconference on the prostitution of children. Resources: "OJJDP News @ a Glance," January/February 2004 (NCJ 203557) is available online at <http://ojjdp.ncjrs.org/publications/PubAbstract.asp?pubi=11512>.



## A Walk in Your Shoes Receives Beacon Award.

Noggin/The N's documentary series, A Walk in Your Shoes, received the Cable Television Public Affairs Association's prestigious Beacon Award for its special episode on teen parenting developed in collaboration with the National Campaign to Prevent Teen Pregnancy. The episode can be ordered from our Website (see link below). A

Parent Discussion Guide and Teacher Lesson Plan for the video are also available at the same link. Press Release: <http://www.teenpregnancy.org/about/announcements/news/pdf/BeaconAwards2004.pdf>. To Order Video and Teaching Guides: <https://www.teenpregnancy.org/store/item.asp?productId=259&cid=23&cnm=Video%2Band%2B%2BAudio>

## Check out the May 2004 issue of Teen

**People** -- on newsstands now! The four-page story asks, "What do these three girls have in common?" and introduces us to three teen girls who give a first-hand view of their lives after finding out they were pregnant. The end of the story urges readers to take the National Day to Prevent Teen Pregnancy Quiz on May 5. Pick up a copy of Teen People today and use the feature story as a way to add to your efforts to connect with young people during teen pregnancy prevention month. Find out more at <http://www.teenpeople.com>.



## PUTTING WHAT WORKS TO work

**Making the List: Understanding, Selecting, and Replicating Effective Teen Pregnancy Prevention Programs** helps those working with young people to navigate these lists of teen pregnancy prevention programs and make informed decisions about how to select the best one(s) for a particular community and population. The 36-page publication lists credible lists of effective programs, explains why these lists differ on which programs are effective, describes what specific criteria were used to select programs for each list, and outlines how practitioners can use effective program lists to select programs for replication. The publication also includes several helpful charts, including one that lists programs that are included on a majority of effective program lists. Making the List can be downloaded <http://www.teenpregnancy.org/works/pdf/MakingTheList.pdf> and printed copies can be ordered from --- <http://www.teenpregnancy.org>.



## Oral Health Initiative

The KDHE Dental Website has some new information!

Please visit at: <http://www.kdhe.state.ks.us/ohi/index.html>

## Nursing

### Leaders Delve into Global Aspects of Profession.

A recent Sigma Theta Tau report on the state of nursing globally laid out a number of similarities in the profession, but also showed dramatic differences in such areas as education. The third and final outing of the Arista Think Tank series was made up of five sessions in different regions of the world aimed at discovering the role of nurses and challenges facing the profession. To read more see the following link: <http://www.nursezone.com/Job/MedicalNewsAlerts.asp?articleID=12136>



With poor diet and physical inactivity poised to become the leading preventable cause of death in America, HHS Secretary Tommy G. Thompson today renewed efforts against obesity and overweight, announcing a new national education campaign and a new research strategy at HHS' National Institutes of Health (NIH). A new study released by HHS' Centers for Disease Control and Prevention shows that deaths due to poor diet and physical inactivity rose by 33 percent over the past decade and may soon overtake tobacco as the leading preventable cause of death. For more information visit: <http://www.wishtv.com/Global/story.asp?S=1701892>

### House Bill Would Protect Food Companies from Obesity Lawsuits

A bill passed by the U.S. House of Representatives March 10 would bar any "persons," including individuals and state governments, from filing lawsuits against fast food companies, restaurants, or food manufacturers for "problems of weight gain, obesity, and health conditions associated with weight gain or obesity." For more information visit: [http://www.healthinschools.org/2004/mar17\\_alert.asp](http://www.healthinschools.org/2004/mar17_alert.asp)

## I Promise!

The "I Promise Program" – a teen safe driving initiative, is pleased to announce a significant change. Whereas there was a cost of \$49.00 to participate, the program is now available at no cost. Parents and youth can now go to the Website and download the Parent-Youth Safe Driving Contract and Rear Window Sign after filling in a few fields for our statistical purposes. Further, parents and youth can choose to use both or either of the program components. As a result of these changes, the program is now not only available across the US and Canada, but is fully international. This can be accessed and used throughout the world now! Feel free to go to the Website and give it a try.

<http://www.ipromiseprogram.com>

### E-Journal on Chronic Diseases.

CDC launched an electronic journal on chronic diseases. The journal, Preventing Chronic Disease: Public Health Research, Practice and Policy, will focus on prevention, screening, surveillance, and population-based programs that address the leading diseases in the United States. To access the journal, go to: <http://www.cdc.gov>.



The latest issue of "Healthy Women Today" is available online, as well as information on how to join the mailing list, at <http://www.4woman.gov/newsletter/>.

### CoverTheUninsuredWeek.org

where you will find news and information about Cover The Uninsured Week, May 10-16. In addition, the site offers facts about the uninsured, personal stories, links to the participating organizations and information about how you and your organization can get involved. Cover the Uninsured Week is a nationwide project of The Robert Wood Johnson Foundation with support for the Kansas campaign from the United Methodist Health Ministry Fund in Hutchinson. <http://www.healthfund.org/>. Get all the information and materials you need to plan successful Cover the Uninsured Week events in your community at <http://covertheuninsuredweek.org/>



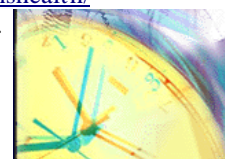
## KAISER FAMILY

### Racial and Ethnic Disparities in Women's Health Coverage and Access to Care

provides information on differences in health status, health insurance coverage, and selected measures of access to care among women across three racial/ethnic groups: African American, Latina, and white.

### Health Coverage and Access Challenges for Low-Income Women

examines health insurance coverage, experience with health plans and providers, and access to care. Data for both issue briefs come from the 2001 Kaiser Women's Health Survey, a nationally representative survey of nearly 4,000 women ages 18-64. The briefs are intended for use by policymakers, program administrators, educators, and others interested in gaining a better understanding of how the health system is working for women and the special challenges facing different groups of women. The briefs are available at <http://www.kff.org/womenshealth/whp031004pkg.cfm>



### More Sleep Education Is Needed, Say Experts.

Both patients and healthcare practitioners need to learn more about sleep disorders, according to sleep experts who spoke at the first National Sleep Conference, held at the National Institutes of Health on March 29-30. Dr. Daniel Buysse of the University of Pittsburgh said insomnia can be caused by a number of problems, which makes treatment a challenge. Dr. Stuart Quan of the University of Arizona said several treatments are available for sleep apnea, but few patients who need treatment get diagnosed. Other researchers noted that there is increasing evidence linking sleep with behavior, mood, and learning, and they are finding that reduced or disrupted sleep appears to increase the risk of obesity, diabetes, and cardiovascular disease. The conference was sponsored by the National Center on Sleep Disorders Research. For more information, visit the Center's Website at: <http://www.nhlbi.nih.gov/sleep>

## ContraCostaTimes

Seconds after the morning-break bell rings at Hoover Middle School in San Jose, Calif., students begin lining up at the three soda machines locked inside black mesh cages on the quad. One by one, they stuff a dollar bill or handful of change into a machine and wait for a 20-ounce Pepsi or Mountain Dew to bump down the chute. In minutes the quad is filled with adolescents strolling along sidewalks, sitting on benches or sprawled on the grass with a soft drink in hand. For more information about **fast food sold at schools** see the following link: <http://www.contracostatimes.com/mld/cctimes/8144328.htm>

**Children learn best** when their basic needs -- including food, shelter, and clothing -- are met and when their families are free from worry about employment, housing, health, and child care. Full-service schools aim to meet all those needs under one roof. Providing educational and social services at the school site, many believe, is an effective and efficient way to provide what Joy Dryfoos calls "hope and solutions" for students, their families, and entire neighborhoods. If you would like to read more about his topic visit: <http://www.asbj.com/2004/03/0304research.html>.



**Visit BAM (Body and Mind)** a CDC Website for kids with kid-friendly topics and an interactive aid for teachers and school nurses. <http://www.bam.gov/>

## Helping Young Smokers Quit

Youth smoking cessation programs are invited to apply for participation in a ground-breaking national study! Participating programs receive study findings, tools for future self-assessment, and monetary compensation for their involvement. For a complete description of the evaluation and how to apply click here: <http://www.helpingyoungsmokersquit.org/>



**The National Marfan Foundation** is re-launching its Web site, <http://www.marfan.org/nmf/index.jsp>, to better provide the medical community and the general public with information about the Marfan syndrome. The Marfan syndrome is a potentially life-threatening genetic disorder of connective tissue. The Marfan syndrome and related connective tissue disorders affect approximately 200,000 Americans. Because connective tissue makes up the entire body, the disorder manifests itself in many body systems, including the skeletal system, eyes, lungs, blood vessels and heart. The web site provides separate tracks for health care providers and for people affected by the Marfan syndrome. The track for doctors directs them to the NMF's medical education brochures on the various body systems affected by the Marfan syndrome. It also features continuing education articles on the disorder.

**Out-of-School-Time Programming.** A report published by the American Youth Policy Forum, "Lessons Learned About Effective Policies and Practices for Out-of-School-Time Programming," provides findings and observations from school-based, community-based, and voluntary activities for youth in the out-of-school-time (OST). It discusses the challenges to out-of-school-time program implementation and is available for download at <http://www.aypf.org/pressreleases/pr25.html>



**Arkansas Releases First Results of Mandated Body Mass Screening of Students:** As the first state to mandate body mass screening of all public school students, Arkansas officials in released statistics Monday showing that two in five students in a school district that is piloting the new testing program are "overweight or at risk of becoming overweight." [http://www.healthinschools.org/2004/apr13\\_alert.asp](http://www.healthinschools.org/2004/apr13_alert.asp)

The April issue of Health and Health Care in Schools is online.



## In this issue:

- ✂ House Bill Makes Only Minor Changes in School Food
- ✂ FDA Has Questions About Antidepressant Medications for Children
- ✂ An Update on Health Insurance for Adolescents
- ✂ On Washing Hands-A Cautionary Tale
- ✂ FDA Approves Oral-Based Rapid HIV Test
- ✂ Study Finds No Link Between Vaccination and Diabetes

Read the e-journal at: <http://www.healthinschools.org/ejournal/ejournal.htm>

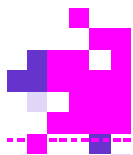


**ImPACT** is a software tool developed to help sports-medicine clinicians evaluate recovery following concussion. The ImPACT program evaluates and documents multiple aspects of neurocognitive functioning including memory, brain processing speed, reaction time and post-concussive symptoms. In addition, the ImPACT program provides a user-friendly injury documentation system that facilitates the tracking of the injury from the field through the recovery process. For more information, visit: <http://www.impacttest.com/>.



**HP 570 Organization and Administration of Coordinated School Health:** A Graduate Level Internet (Web CT) Course Especially Designed for Teachers, Counselors, Social Workers and School Nurses (may be taken as an undergraduate course with instructor permission) Ten-Week Session: June 1 - August 8, 2004. Three Graduate Credits. This course presents and discusses the Centers for Disease Control and Prevention Model of Coordinated School Health Programs (CSHP) in K-12 schools and seeks to develop leadership skills to assess and implement a CSHP. Register on Louie: Course # 2382. Enrollment Period: March 8- May 31. For further information contact: Ellen Larson, MS, CHES, Northern Arizona University, Department of Health Promotion, [Ellen.Larson@nau.edu](mailto:Ellen.Larson@nau.edu) 928 774-8282.





# ZipS: Events and Resources



49 states and the District of Columbia  
allow advanced practice nurses  
to prescribe medications.

**Nurses**  
Your Voice, Your Health, Your Life



## The Amazing Safety Race.

**WHEN:** June 10-12. Save these dates on your calendars!!  
**WHERE:** Overland Park, KS (near Kansas City). From the exciting start to the finish line, you'll learn, share, and network with other fire and life safety educators and professionals from around the Country. For more information, call the information line at (913) 971-6706 or e-mail [sfricke@olatheks.org](mailto:sfricke@olatheks.org).

## Personnel Preparation to Improve Services and Results for Children with Disabilities:

The Department of Education announces the availability of funds for institutions of higher education to (1) help address State-identified needs for qualified personnel--in special education, related services, early intervention, and regular education--to work with children with disabilities; and (2) ensure that those personnel have the skills and knowledge--derived from practices that have been determined through research and experience to be successful--that are needed to serve those children. Visit: <http://www.healthinschools.org/grants/ops126.asp>



**Looking for funding for children?** Look at this Georgetown Website and you will find all sorts of grant opportunities! <http://gucchd.georgetown.edu/fptable2.html>

## The Kansas Public Health Association Announces it's Spring Training 2004.

This year's event includes workshops focusing on Public Health Emergency Preparedness and Child Safety. Visit [https://quickforms.memberclicks.com/apps/327/app\\_716/application.asp](https://quickforms.memberclicks.com/apps/327/app_716/application.asp) to view details and register online.



**Young Women Invited to Apply for Health and Fitness Project Grants.** Deadline: April 30, 2004. Youth Service America ( <http://www.ysa.org/> ), Bonne Bell, and CosmoGIRL! are offering funding through the Born to Lead grant



program to encourage young women to actively promote the health and fitness of themselves, their peers, and their communities. The program is designed for young women only. Grant applicants must meet the following eligibility requirements: be a young woman between the ages of 13 and 25; be a U.S. citizen or permanent resident; and be able to complete a project by April 2005 (project length may vary). Two winners will be selected to receive a \$500 grant to help fund their health or fitness project. See the YSA Website for complete program guidelines and application procedures. RFP Link: [http://www.ysa.org/awards/partnerag/cg/grant\\_application\\_parent.cfm](http://www.ysa.org/awards/partnerag/cg/grant_application_parent.cfm). For additional RFPs in Women, visit: [http://fdncenter.org/pnd/rfp/cat\\_women.jhtml](http://fdncenter.org/pnd/rfp/cat_women.jhtml)



## Becky Bailey "Conscious Discipline"

**Conference** is scheduled for May 11-12 on the campus of Pittsburg State University. The registration for mental health service providers, early childhood educators, and therapeutic preschool staff will be completed by Greenbush. Please visit: <http://www.greenbush.org/beckybailey/> to complete an application or a link is available at <http://www.kidstraining.org>.



Health Resources and Services Administration (HRSA) announces the availability of funds in the **HRSA Mini-Preview for Spring 2004**. The HRSA Preview is a comprehensive review of HRSA's fiscal year (FY) 2004 competitive grant programs. This supplemental edition provides information on programs not initially announced in the full HRSA Preview, which was published in the Federal Register on September 4, 2003. (Vol. 68, No. 171). For more information, visit: <http://www.hrsa.gov/grants/preview/>.



## The Child Care and Early Education Research

**Connections Website** promotes child care and early education research and the use of that research in policymaking. The Website was launched by the National

Center for Children in Poverty in partnership with the Inter-University Consortium for Political and Social Research and the U.S. Department of Health and Human Service's Child Care Bureau. The site offers guidance on research methods and quality and provides information on public policies. The site is designed to serve researchers, policymakers, and practitioners and invites contributions of research, data, and other resources. It is available at <http://www.childcarereseach.org>.



## A Family's Guide to the Child Welfare System

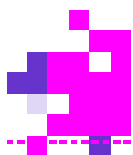
is a comprehensive resource designed to help families and the agencies that serve them understand the child welfare system and reach positive solutions. The guide is available at [http://gucchd.georgetown.edu/documents/AFamilysGuideFINAL\\_WEB\\_VERSION.pdf](http://gucchd.georgetown.edu/documents/AFamilysGuideFINAL_WEB_VERSION.pdf).

**Safe Sleep Symposium – Developing a Community Response to Reducing Infant Mortality** – Tuesday, May 4 8:30. Research College of Nursing Gymnasium, 2316 East Meyer Blvd, Kansas City, MO 64132. To register or to obtain more information, contact Sandra Reece - 816-753-6990.

The Shawnee County Health Department MCH staff is hosting a **live web cast of the 17<sup>th</sup> Annual Maternal and Child Health Leadership Conference** on May 17-18. This web cast is for multidisciplinary professionals responsible for MCH and related services. If you are interested in attending the web cast, please contact Penny Selbee by email at: [penny.selbee@co.shawnee.ks.us](mailto:penny.selbee@co.shawnee.ks.us) as she needs to know how many will be attending. There will also be a simple lunch provided for \$5.00.

**Breastfeeding Educator Course** – May 18-19. 8:00 a.m. – 5:00 p.m. Frances Stout Auditorium, Newman Regional Healthy/ESU, Newman Division of Nursing, 1127 Chestnut, Emporia, Ks.

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# ZIPs: Events and Resources



The nation's nurses rank second for their honesty and integrity, with 83 percent of Americans rating them "high" or "very high."

Pre-registration: \$175.00 (non-Newman employees) \$200.00 after May 11. To register for this course, contact Vicki Brooks, RN, C, BSN at 620-343-6800 ext. 2521.

**The 15<sup>th</sup> Annual Kansas School Nurse Conference** – will be held at the Hyatt Regency Hotel in Wichita, KS. July 26-29. To view the conference brochure and to register for this wonderful conference go to: <http://www.webs.wichita.edu/continuinged/ksn.htm>



**Youth Transition into the Workplace Grants:** The Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Substance Abuse Prevention (CSAP), announces the availability of FY 2004 funds for Youth Transition into the Workplace Grants (YIW). The grants provide funds to document and evaluate innovative practices that address critical substance abuse and mental health service gaps, but have not yet been formally evaluated. For more info visit: <http://www.healthinschools.org/grants/ops137.asp>

## Active Living Research

(formerly Active Living Policy and Environmental Studies), a \$12.5 million program of the Robert Wood Johnson Foundation, was created to stimulate and support research that identifies environmental factors and policies that influence physical activity. Findings are expected to inform environmental and policy changes that will promote active living among Americans. The program seeks proposals that describe research designed to improve understanding of the environmental and policy correlates of physical activity in one or more of the following population subgroups: children and adolescents; low-income and ethnic minority groups; older adults; people with physical challenges; and residents of rural areas. All proposals other than those requesting dissertation funding must be submitted through the RWJF Grantmaking Online system: <http://activelivingresearch.org/index.php/Using>



<http://www.healthinschools.org/grants/ops139.asp>



**Skin Cancer Foundation Public Awareness Grants:** Sunproof America Public Awareness Grants Program's will be open to all U.S. non-profit organizations that play a role in educating their constituencies and/or the general public about skin cancer prevention, early detection and effective treatment. For more info visit: <http://www.healthinschools.org/grants/ops139.asp>



**Target Community Giving Program:** Target's Community Giving Program is a store-based grant initiative that supports projects in the arts, reading, and family violence prevention. The latter project area includes funding for parenting education, crisis nurseries, family counseling, after-school programs, support groups, and abuse shelters. For more info visit: <http://www.healthinschools.org/grants/ops140.asp>



**NPower and AT&T Wireless Technology Grants:** The AT&T Wireless Community

Connections Award announces the availability of funds to support nonprofits using wireless technology to expand the reach and impact of their services. For more info check this out: <http://www.healthinschools.org/grants/ops141.asp>

## \*\*Grants to Expand Substance Abuse Treatment Capacity in Targeted Areas:

The Substance Abuse and Mental Health Services Administration's Center for Substance Abuse Treatment offers FY 2004 funds to expand and/or enhance communities' ability to provide a comprehensive response to a well-documented substance abuse treatment capacity problem, or improve the quality and intensity of services. Deadline: May 25. Visit <http://www.healthinschools.org/grants/ops136.asp>



**Comprehensive Plan for Early Childhood Services in Kansas:** Kansas state agencies, in partnership with professional organizations; community-based providers and families are working together to develop an integrated

comprehensive plan for early childhood services. The Kansas Department of Health and Environment has received a two-year planning grant from the U.S. Dept of Health and Human Services - Maternal and Child Health Bureau, Health Resources and Services Administration. The planning effort is called the *Early Childhood Comprehensive Systems Grant* (ECCS). The goals for the ECCS grant are to assure leadership to the development of cross systems integration partnerships in support of early childhood (ages 0-8) practices in order to identify and address special needs, enhance children's health and to support early learning strategies for success in school; and to support state agencies and communities in their efforts to build early childhood service systems which address five key components. The plan must address five key components of early childhood care, including:

- 1) Access to health insurance and a medical home
- 2) Early care and education/child care
- 3) Mental health and social-emotional development
- 4) Parent education
- 5) Family support

Work on this plan began in January 2003 when the Children's Cabinet initiated a strategic planning process during a two-day session. At this meeting, a group of 45 early childhood stakeholders from across Kansas convened to develop a vision and mission and identified strengths and weaknesses of the current systems. In addition to the strategic planning process, work is continuing on the Kansas School Readiness Indicators Initiative. Members of this task force represent the Governor's Office, Kansas Action for Children, Head Start, Kansas Department of Education Student Support Services: Maternal and Child Health Director, and Child Care Administrator. These indicators will be built upon the ECCS strategic plan. Persons interested in further information about this initiative can contact Tracy Wohl, project manager, at 785-296-4536.